

Munson Notes



MUNSON ARMY HEALTH CENTER

Volume 5, Issue 7


New Campaigns, Events and Health News

July 2021

Behavioral Health Crisis
Hotline 24/7
Munson Army Health Center
Call (913) 306-6960

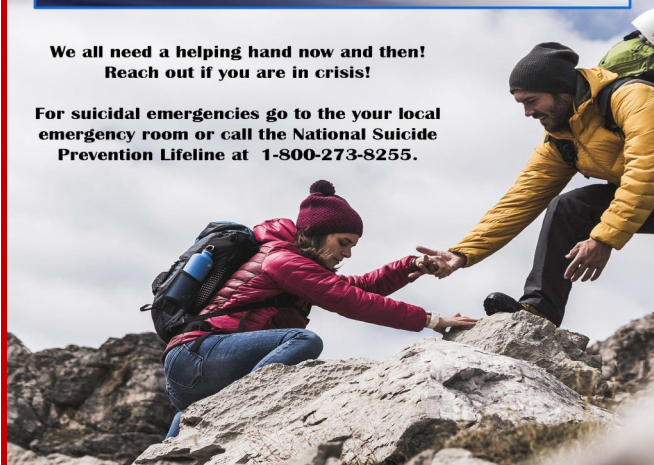
Behavioral Health Clinic

For all
Beneficiaries and
Commanders



We all need a helping hand now and then!
Reach out if you are in crisis!

For suicidal emergencies go to your local
emergency room or call the National Suicide
Prevention Lifeline at 1-800-273-8255.



COVID-19 Vaccines

Every Thursday, we will be distributing
1st and 2nd dose Pfizer vaccines
for ages 12+ from 12-3p.m. at the
Frontier Conference Center. Please
bring ID.



Every Thursday, we will be
distributing 1st and 2nd dose
Moderna Vaccines for 18+
from 8-11 a.m. at the Frontier
Conference Center.
Please bring ID.



JULY MONTHLY TRAINING DAY JULY 14

Munson has limited services
from 11:30 a.m. through the
rest of the day.

Medical Records Closed at 12
p.m. and Multiservice
Specialty Clinic Closed at

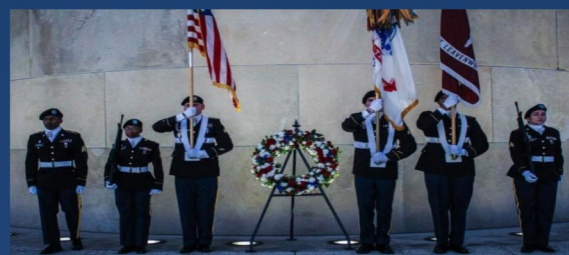
11:30 a.m. through the rest of
the day.

Radiology is Closed from
12:30-1:30 p.m., but open the
rest of the day.

Pharmacy is Open until 3
p.m. and then closes for the
rest of the day. This includes
our Drive-Thru Services.

**MARK YOUR CALENDAR
ON OUR CHANGES
FOR TRAINING DAY!**

Munson is Closed on
July 5th to observe
the Federal Holiday!



Pharmacy News *NEW*

Welcome Back!

The Pharmacy is excited to welcome patients back into our lobby to fulfill all of your prescription needs! Although our lobby is now fully open for all patients to use, we are still offering patients the option to pick-up or drop off prescriptions via the Drive-Thru. Please read below for more information on several of the different options to choose from to activate your prescription(s), **including our new remote check-in option, Q-Anywhere:**

Call. Contact the Pharmacy at 913-684-6059 Monday through Friday from 8 a.m. to 4 p.m. The phones are busiest during the morning hours, so if you have difficulty reaching the pharmacy, please try calling in the afternoon.

Stop into the Lobby. Visit the Pharmacy, which is located on the first floor of Munson Army Health Center, Monday through Friday from 8 a.m. to 4:30 p.m. Patients will be required to take a ticket from the Pharmacy's Q-Flow ticketing machine and wait until their number is called. The Pharmacy's new queuing system is also able to send prescription status updates via text message, if a phone number is registered once the patient checks in at the kiosk (standard data and messaging rates apply).

Drop Off. Paper copies of prescriptions given to you by your provider may be dropped off to the Pharmacy using the drop box located at the front entrance or via the drive-thru (weekdays from 10 a.m. to 4:30 p.m.). Patients must fill out a **"Prescription Drop-Off Request"** form and place this, along with their prescriptions, in the drop box. Patients may also drop their handwritten prescriptions off at Pharmacy by taking a ticket and waiting for their number to be called.

Skip the Wait – Check in Using Q-Anywhere! Text **"Get in line"** to **1-833-851-1505** or scan the QR code shown below to begin using the remote pharmacy check-in system, Q-Anywhere! You will be prompted to enter the patient's DoD ID number when checking-in. If you do not know the patient's DoD ID#, you may visit MilConnect to find it at: <https://milconnect.dmdc.osd.mil/milconnect/>, log-in and select **"My Profile"** à **"Update and View My Profile"** and then locate the patient's DoD ID#. Once you submit your request, the Pharmacy will begin processing your prescription(s) and will contact you if we have any questions. You will receive updates on the status of your prescription(s) as we process them. **The pharmacy will only process prescriptions submitted to the Pharmacy within the past 14 days.** If you have prescriptions outside of this timeframe, please stop into the Pharmacy or call the Pharmacy at 913-684-6059 to have us begin working on your prescriptions. When returning for pick-up, please proceed to the Pharmacy Lobby, Monday through Friday from 8:00 a.m. to 4:30 p.m., or the Pharmacy Drive-Thru, Monday through Friday from 10:00 a.m. to 4:30 p.m.

Please visit the Pharmacy's website at <https://munson.tricare.mil/Health-Services/Pharmacy> for additional information and answers to frequently asked questions.

We appreciate everybody's patience and support over the last 15 months!

Pharmacy News *NEW*



Receiving a Prescription?

See below for a **NEW** option to activate your prescription.



SCAN ME

OR



TEXT

Is this a new prescription that you need today? Try our new activation solution:

Q-Anywhere



“Get in line” to
1-833-851-1505

You will be prompted to enter the patient’s DoD ID number when checking-in. If you do not know the patient’s DoD ID#, you may visit MilConnect at <https://milconnect.dmdc.osd.mil/milconnect/>, log-in and select “My Profile” → “Update and View My Profile” and then locate the patient’s DoD ID#.

Once you submit your request, the Pharmacy will begin processing your prescription(s) and will contact you if we have any questions. **The Pharmacy will only process prescriptions submitted to the Pharmacy within the past 14 days.** If you have prescriptions outside of this timeframe, please stop in to the Pharmacy and take a ticket from the Q-Flow kiosk. You may also choose to call the Pharmacy (913-684-6059), activate your prescription, and pick it up in the drive-thru when it is ready. You will receive a notification when your prescription(s) are processed and ready for pick-up. When returning for pick-up, please proceed to the Pharmacy Lobby or the Pharmacy Drive-Thru Monday through Friday from 8:00 a.m. to 4:30 p.m. Thank you for trusting us with your care!

NOTE: If you have requests for multiple family members or do not know the patient’s DoD ID number, please call the Pharmacy at 913-684-6059 to activate these prescriptions or come down to the Pharmacy and get a ticket from our Q-Flow kiosk.

School/Sports Physicals 2021

Why you need a School Physical: Call for an appointment (913) 684-6250

- 1) If you have recently moved to Leavenworth and are starting in a new elementary school, you would need a Kansas physical form dated August 2020 or after. This form may have been obtained at a well-child visit.
- 2) If you have recently moved to Leavenworth and are starting a new middle school or high school, you would need a Kansas physical form dated May 1, 2021 or after.
- 3) If you are permanently residing and are transitioning from elementary to middle school, or from middle school to high school you will need a Kansas physical form dated May 1, 2021 or after.

Why you don't need a school physical:

- 1) If you are continuing the next grade in the same school whether it's elementary school, middle school or high school.
- 2) If you have a Kansas physical form dated August 2020 or later for starting a new Elementary school. This may have been obtained at a well-child visit.
- 3) If you have a completed Kansas physical form dated May 1, 2021 or after and are starting a new middle or high school you do not need a school physical.
- 4) If you are PCSing this summer to a different state as Kansas school physical forms will not be acceptable in other states.

Why you need a Sports Physicals:

- 1) For elementary grades you will need a Kansas sports physical form dated within the last 12 months. This may have been obtained at a well-child visit.
- 2) For middle and high school you will need a Kansas sports physical dated May 1, 2021 or later.

Why you don't need a Sports Physical:

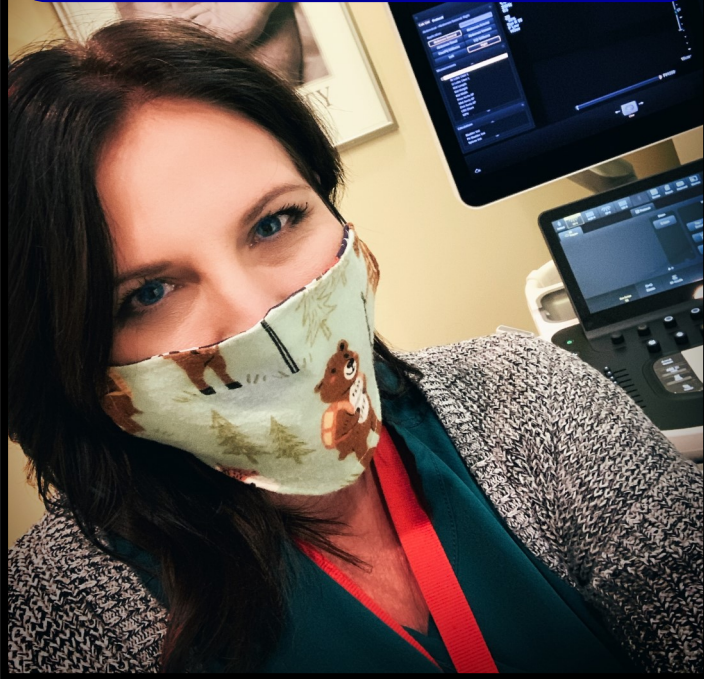
For elementary grades, you do not need a sports physical if you have had a well-child visit clearing you for sports in the past 12 months, and a Kansas physical form was provided at that physical.

Why you need a CYS Physical:

You will need a CYS physical if you do not have a Kansas physical form clearing for sports in the past 12 months. This form may have been obtained at a well-child visit.

COVID-19 Information

**Masks are still required inside
Munson for people
2 years of age and older!**



The Delta variant has now spread throughout the world and is rapidly becoming the dominate variant in the US.

- This variant appears to be more transmissible and is associated with increased severe disease, such as hospitalization, compared to other variants.

- The good news: we know that two doses of the mRNA vaccines are effective against the Delta variant.

- A lot of people may be thinking: I've gotten this far without getting COVID and I'm fine, so I don't need the shot. But the Delta variant is now here and is a concern for all.

This is a NEW REASON for you to get vaccinated. Even if you have escaped COVID so far, you will not escape what is here if you don't get vaccinated now.

Monthly Observances

**Happy
4th of July**

HAVE A SAFE AND HAPPY FOURTH OF JULY!

 NEVER ALLOW YOUNG CHILDREN TO PLAY WITH OR IGNITE FIREWORKS!

ALWAYS WATCH FIREWORKS DISPLAYS FROM A SAFE DISTANCE!

NEVER DRINK ALCOHOL AROUND OPEN FLAMES OR WHILE IGNITING FIREWORKS!




MHS Military Health System
health.mil

**Happy 4th
of July.
Have a safe
and happy
Fourth of July!**

Monthly Observances



Don't become the victim of fraud targeting the military community. Being a sophisticated consumer in the digital age is more challenging than ever. Learn how to protect your finances:

<https://www.militaryonesource.mil/financial-legal/personal-finance/protecting-your-finances/protecting-your-finances-the-essentials/>

As the country opens back up this summer, many of us are having to relearn how to interact with other people in social settings. Social wellness is critical to overall health, so take the time to rebuild friendships and social interactions that have been missing for over a year:

<https://www.militaryonesource.mil/national-guard/psychological-health-program/social-wellness/> #TFF"



U.S. ARMED FORCES INTEGRATION ANNIVERSARY



On July 26, 1948, President Harry Truman issued Executive Order 9981, formally abolishing discrimination "on the basis of race, color, religion or national origin" in U.S. Armed Forces. Today, we recognize that our diversity is our strength.

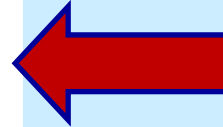
Good to Know!

If a patient needs a copy of their immunization record they can go to Medical Records and they will print it or patients may get on the MHS GENESIS Patient Portal and print out their immunizations.

Patients may also go to Medical Records to have it stamped for record if requested.

Patients do not need to go to Immunizations for this. Immunizations cannot stamp them or print their record.

Immunization Record Information!



IMMEDIATE RELEASE

Department of Defense Extends Uniformed Services Identification Card Expiration Policy Guidance

JUNE 7, 2021

The Department of Defense (DoD) remains committed to ensuring the health and safety of all DoD personnel and beneficiaries and ensuring their continued access to healthcare and all authorized benefits. In its ongoing response to the COVID-19 pandemic and its impact on identification (ID) card site operations, effective immediately, the DoD is extending temporary Uniformed Services ID (USID) card expiration policy guidance for all USID cards with expiration dates between January 1, 2020 and July 31, 2021 as follows:

- Through August 31, 2021 for all Foreign Affiliates and their dependents;
- Through October 31, 2021 for the Dependents of Active Duty uniformed Service members, and Reserve and National Guard uniformed Service members and their dependents; and
- Through January 31, 2022 for retirees and their dependents, and all other USID card populations.

ID cards that expired prior to January 1, 2020, have not been extended and must be replaced. ID cards with expiration dates after July 31, 2021, must be replaced by their expiration date.

To learn more about the extension of policy guidance for expiring USID cards visit the DoD Response to COVID-19 - DoD ID Cards and Benefits website (<https://www.cac.mil/Coronavirus/>) for a fact sheet and FAQs.

To schedule an appointment to have an ID card reissued, visit the ID Card Office Online website (<https://idco.dmdc.osd.mil/idco/>), and select the ID Card Office Locator & Appointments option.

Did you know that Military need to complete online portion of PHA, Pre-Deployment, Post Deployment Health Assessment and Post Deployment Re-assessment prior to calling appointment line for an appointment?

Please complete your on-line portion of the PHA Pre-Deployment, Post Deployment Health Assessment and Post Deployment Re-Assessment before you call our appointment line. Thank you!



Constant Dedicated Care

MUNSON ARMY HEALTH CENTER

Information about Munson Army Health Center is available on the Web.

Visit our **website** at <https://www.munson.tricare.mil/>.

Become a **Facebook** fan and follow our page by visiting

<https://www.facebook.com/munsonhealth/>

Munson Address
550 Pope Ave,
Fort Leavenworth , KS 66027

Information: (913) 684-6000
Call Center: (913) 684-6250

**Thank you for
choosing Munson for
your Healthcare needs!**

Mission:

Generate readiness through patient-focused care to those we serve.

Vision:

A dedicated Family caring for Family.

Munson Notes are created by the Public Affairs Officer (684-6343) at Munson Army Health Center. If you know anyone who would like to receive the monthly Munson Notes, e-mail the PAO at: usarmy.leavenworth.medcom-mahc.mbx.pao@mail.mil with the word 'subscribe' in the subject line. The Munson Notes are usually published the last or first working day of the month depending on holidays. Our events and closures are also published in the local LAMP.

Vanilla Bean Crème Frappuccino® Blended Beverage

This rich and creamy blend of vanilla bean, milk and ice topped with whipped cream takes vanilla flavor to another level.

To change things up, try it affogato-style with a hot espresso shot poured right over the top.

Say you saw this advertisement in the Munson Notes Newsletter and receive 10% off the month of July!



The Java Café is located on the first floor of Munson Army Health Center. The Java Café is open from 7 a.m.-2 p.m. Monday through Friday.