



Munson Notes



MUNSON ARMY HEALTH CENTER

Volume 7, Issue 1

[New Campaigns, Events and Health News](#)

January 2023

MUNSON ARMY HEALTH CENTER IS HIRING NOW!

Go to USA Jobs
Type in Munson Army Health Center for a listing of current Job Opportunities!

Apply Today!

Staff Training Day!
MAHC has staff training the second Wednesday of each month.

Munson is closed at 12 p.m. on training days!
Smith Dental Clinic is closed at 12:30 p.m.

This includes ALL services!

With our OPTEMPO, our staff must complete all Medical and Military required trainings.

Please plan ahead so you are not inconvenienced by the change in operating hours.

“ Life’s most persistent and urgent question is, ‘What are you doing for others?’
– Martin Luther King, Jr. ”

January 16, 2023

Martin Luther King, Jr. Day

MHS Military Health System
health.mil

Today we celebrate the honorable life and work of Martin Luther King Jr. His significant contributions to the civil rights movement in the United States will never be forgotten. #MLKDay

We are CLOSED for the Federal Holiday January 16, 2023.

Why Fill Out Your JOES Survey?

Joint Outpatient Experience Survey

JOES is important so you can tell us how we are doing.

If you see a Munson provider, you may get a JOES survey in the mail.

If you were completely satisfied with your visit, we ask that you check **STRONGLY AGREE** on question #23.

For every **STRONGLY AGREE**, Munson receives incentive money that will go back into our organization. Munson will use the funds for hiring more staff, getting updated equipment, and other healthcare service related needs!

If you are not completely satisfied, please come and see our Patient Advocates located on the first floor next to the information desk.

Please indicate how much you agree or disagree with the following statements:

Please select only one answer for each item

Overall, I am satisfied with the healthcare I received on this visit

Strongly Disagree

Somewhat Disagree

Neither Agree nor Disagree

Somewhat Agree

Strongly Agree



JOES Survey

Question #23

Thank you!

Patient Advocates

Call or walk-in
Hours 8-4

(913) 684- 6211/6110

Wellness for Life for Weight Management

More than 1 in 3 Americans adults qualify as obese. Effective weight management can help service members meet their readiness requirements, improve their mission performance, build long-term health, and maintain a positive body image. Identifying and maintaining a healthy weight also impacts many other health conditions that affect quality of life.

Effective weight management can help service members live their healthiest lives. Finding and maintain a healthy weight is challenging, and different for everyone, but worth the effort to help service members meet their readiness requirements, improve their mission performance, build long-term health, and maintain a positive body image.



Wellness for Life Multidisciplinary Team

Wellness for Life is a
Multidisciplinary program.
Sign up today for the
Orientation Class for
the 12 month weight
loss program. Call (913)
684-6250 to sign up.
Must be 18+ and a
TRICARE Beneficiary.

Finding and
maintaining a
healthy
weight is
important to
your health,
your
readiness,
and your
quality of life.



Wellness for Life (WFL) is a multidisciplinary program incorporating the Army Wellness Center, Nutrition, Physical Therapy, Psychology, Pharmacy, Nursing and Primary Care Providers. This program is open to all TRICARE beneficiaries. Sign up today by calling our Appointment Line at (913) 684-6250!

To Keep You Informed!

NEW!
**Pharmacy
Call-In Line!**
(913) 684-6250
Pick Option #2

**Hours: 8 a.m.-4 p.m.
M-F**

**Q-Anywhere
is still available!!**

**Appointment Line
684-6250 Option 2**

You now may call our appointment line, pick option 2, to refill prescriptions, learn pharmacy hours, activate new/ renewal prescriptions, and speak to our pharmacy staff.

The original refill line has not changed. You may still Call (913) 684-6500 to refill your prescriptions!

Did you know?



From Munson
Public Affairs

Where do you post
all your information?

- Our TRICARE website
- Monthly Munson Notes Newsletter
- Fort Leavenworth LAMP
- Munson Marquee
- Distro Email Lists
- Facebook (the most timely information)



Please bookmark our
Website and Facebook page
if you want to be in the know!



Retiring?



Don't wait to get your
medical needs addressed!

Your Health is our Priority



Book Now

Contact us :
(913) 684-6250

For more information on services or to be placed on a Distro List
email Public Affairs at:

usarmy.leavenworth.medcom-mahc.mbx.pao@health.mil

Health Observances

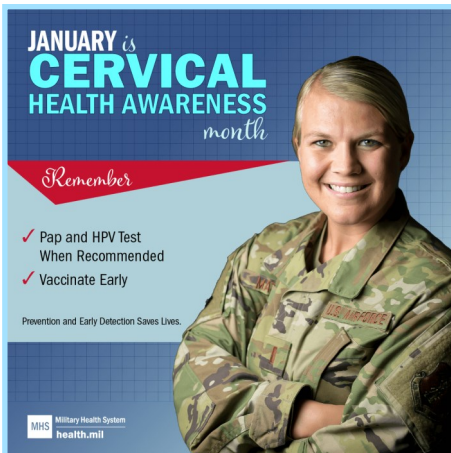
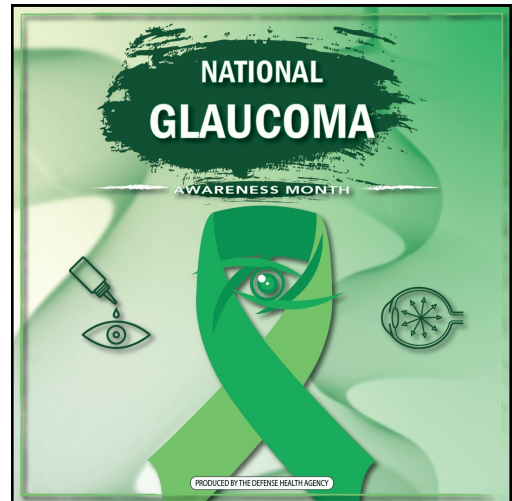
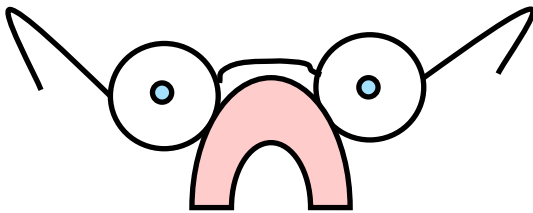


This year over 4.5 million people will need a blood transfusion. You can help make that life-saving resource available.

Munson will be having a Blood Drive this month. The location, date, and time TBA.

Follow the updated news on Facebook.

There's no cure for glaucoma, but early detection and treatment can protect your vision.



January is the month to raise awareness about #CervicalCancer and how it is the leading cause of cancer death for women in the U.S. Learn more about the human papillomavirus vaccine with your doctor and be sure to get screened. Check out cdc.gov to understand how cervical cancer can be preventable.

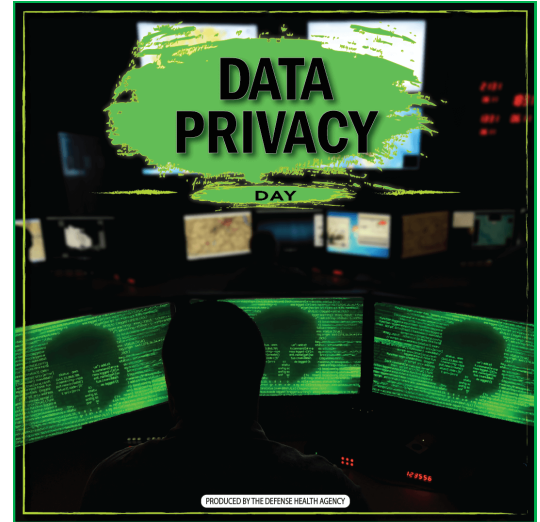
If you are pregnant or may become pregnant, folic acid is a crucial vitamin and can prevent up to 70% of serious birth defects of the brain and spine in infants.



Health Observances

January 28 is Data Privacy Day!

Mobile devices make it so easy to take our information with us everywhere. They also make it harder to keep our data secure. On this Data Privacy Day, take a little time to review the security and privacy of your data.



January 12 is National Pharmacist Day!

Today we thank all the pharmacists across the Military Health System who help keep us healthy every day.

#NationalPharmacistDay
#ThankAPharmacist



EFMP Enrollment & Family Member Travel Screening

EFMP

NEW Information!

On 31 August 2022, all Army EFMP offices are transitioning from Web EFMP to Enterprise EFMP (E-EFMP). The new digital platform is expected to streamline enrollment, make assignment coordination and family support access easier, and synchronize all aspects of care for families with special needs. All future EFMP actions must be started in the E-EFMP website.

NEW Website is:

Service Members and families will be required to log into the new E-EFMP website to initiate requests.
<https://efmp.army.mil/EnterpriseEfmp/>

Contact Us

Contact the EFMP desk to schedule an appointment or leave a message.
913-684-6770



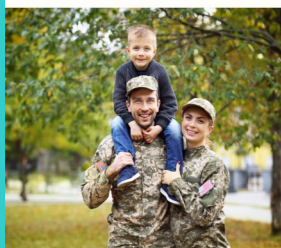
Family Member Travel Screenings WILL continue to be processed through Munson EFMP for OCONUS moves until E-EFMP takes over. Date TBD



MUNSON ARMY HEALTH CENTER

E-EFMP

Exceptional Family Member Program
NEW Army Website
<https://efmp.army.mil/EnterpriseEfmp/>



**DO NOT
WAIT to start
your EFMP
Process!
So Important
this is done
early!**

Do you still need a Covid Vaccine/Booster or Flu Vaccine?



HOW TO BOOK YOUR COVID-19
PRIMARY OR BOOSTER APPOINTMENT:

1.

CALL OUR
APPOINTMENT LINE AT
(913) 684-6250.

2.

THE CALL CENTER
APPOINTMENT CLERK WILL
GIVE YOU OPTIONS FOR YOUR
APPOINTMENT.

3.

MUST BRING COVID-19
VACCINE RECORD TO
YOUR APPOINTMENT.

3 NOVEMBER 2022 IS THE LAST
WALK-IN AVAILABILITY FOR
ALL COVID-19 VACCINES.

YOU MAY CALL NOW TO SCHEDULE
YOUR COVID-19 PRIMARY AND
BOOSTER APPOINTMENT.

FOR MORE INFORMATION VISIT OUR WEBSITE AT
WWW.MUNSON.TRICARE.MIL

WE ARE NO LONGER ALLOWING COVID-19 WALK-IN
VACCINES AFTER 3 NOVEMBER 2022.



Appointment
Only!
(913) 684-6250

**Flu Vaccines
Available**

**TRICARE BENEFICIARIES
DA CIVILIANS ELIGIBLE**

BRING ID

6 MONTHS AND UP

Let's protect yourself and your loved ones

All Flu Vaccines are given in the
Multiservice Specialty Clinic
1st Floor Munson

All Flu Vaccines are by appointment only.
Call today to schedule your appointment !

Call

913-684-6250

**Munson has Flu, COVID19, and Booster Vaccines
available by appointment in our
Multiservice Specialty Clinic.**

**Our MSC is located on the first floor of Munson.
Call our appointment line at
(913) 684-6250**

Constant Dedicated Care

Information about Munson Army Health Center is available on the Web. Visit our **website** at <https://www.munson.tricare.mil/>

Become a **Facebook** fan and follow our page by visiting <https://www.facebook.com/munsonhealth/>

Munson Address

Information: (913) 684-6000
Call Center: (913) 684-6250

**Thank you for
choosing Munson for
your Healthcare needs!**

Mission: Munson Army Health Center continuously builds and sustains readiness through medical mission command in support of the Combine Arms Center's mission to prepare the Army to win in large scale combat operations.

Vision: Munson Army Health Center provides unparalleled experience as the most trusted partner in readiness and health care operations.

Munson Notes are created by the Public Affairs Officer (684-6343) at Munson Army Health Center. If you know anyone who would like to receive the link to the monthly Munson Notes, e-mail the PAO at: usarmy.leavenworth.medcom-mahc.mbx.pao@health.mil with the word 'subscribe' in the subject line. The Munson Notes are usually published the last or first working day of the month depending on holidays. Our events and closures are also published in the local LAMP.



**Java Café January
Drink of the Month
Hot Chocolate with
whipped cream
Mention you saw this
advertisement in the
Munson Notes
Newsletter and get
\$.50 off the drink of
the month in
January 2023.**

**The Java Café is
located on the
first floor of
Munson Army
Health Center.
The Java Café is
open from
7 a.m.-1:30 p.m.
Monday through
Friday.**