

Munson Notes



MUNSON ARMY HEALTH CENTER

Volume 5, Issue 8

Events, Closures, COVID Vaccine Information and More!

August 2021

AUGUST MONTHLY TRAINING DAY AUGUST 11

Munson has limited services from 11:30 a.m. through the rest of the day.

Medical Records Closed at 12 p.m. and Multiservice Specialty Clinic Closed at 11:30 a.m. through the rest of the day.

Radiology is Closed from 12:30-1:30 p.m., but open the rest of the day.

Pharmacy is Open until 3 p.m. and then closes for the rest of the day. This includes our Drive-Thru Services.

MARK YOUR CALENDAR ON OUR CHANGES FOR TRAINING DAY!

Munson has **Training Day**

usually the second

Wednesday of the month.



Please mark your

calendars so you are not inconvenienced by our change in operating hours.



We have expanded our Social Media Platforms. Search for Munson Army Health Center. Join the Conversation!



Munson Army Health Center does **NOT** have an emergency department. For emergency care call 911 or report to the nearest emergency room.

Welcome to Fort Leavenworth!

Munson Notes Newsletter

Active Duty Soldiers must have a referral when seeking urgent care.

If you are an active duty service member living in a Prime Service Area, you must seek care at a military hospital or clinic.

Active Duty Service Members must follow up with their PCM when they receive care outside of a military hospital or clinic, in accordance with DoD and Service regulations.

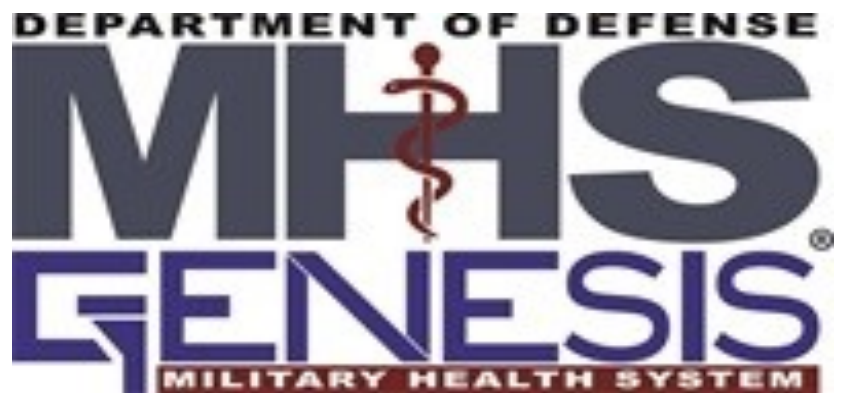
Immunizations are available at the Multiservice Specialty Clinic by appointment only. Please call 913-684-6250 to book an appointment.

[Sign up for MHS GENESIS Patient Portal](#)

Make appointments, check labs and communicate with your care team.

Learn more go to:

<https://munson.tricare.mil/Patient-Resources/MHS-GENESIS-NEW-Electronic-Health-Record-System>



**Did you get your COVID-19 Vaccine?
If not, we got your covered!**



WE ARE DISTRIBUTING THE MODERNA VACCINE 18+ THURSDAYS, 8-11 A.M. AT THE FRONTIER CONFERENCE CENTER. THIS IS A FIRST AND SECOND DOSE EVENT. WALK-IN ONLY. PLEASE BRING ID.

WE ARE DISTRIBUTING THE PFIZER VACCINE TO AGES 12+ THURSDAYS, 12-3P.M. AT THE FRONTIER CONFERENCE CENTER. THIS IS FIRST AND SECOND DOSE EVENT. WALK-IN ONLY. PLEASE BRING ID



COVID-19 Delta Variant FACTS

COVID-19 Delta Variant

The Delta variant has spread throughout the world and is now a variant of concern in the U.S. where it is rapidly expanding, especially in areas where vaccination rates are low.

The Delta variant:

- is more transmissible
- causes more severe disease
- results in higher cases of hospitalization and death than any other strain

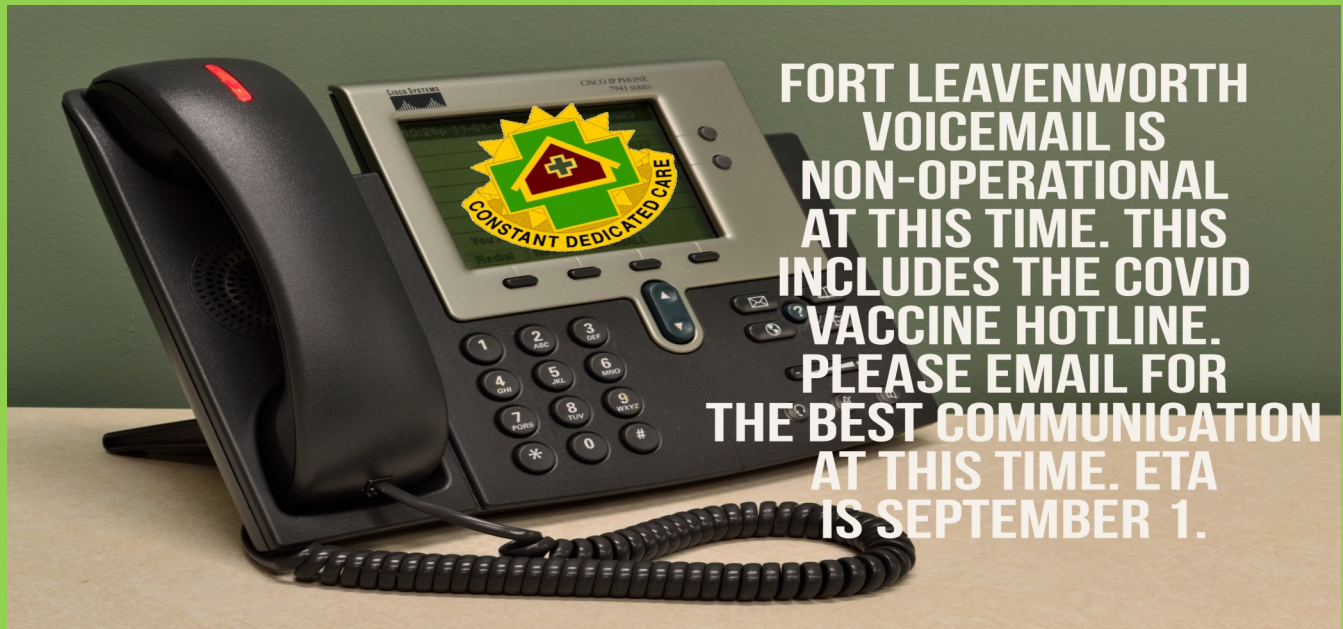
The Delta variant is the NEW REASON for beneficiaries to get vaccinated!

- Unvaccinated and partially-vaccinated people are at real risk
- Fully vaccinated individuals are protected.
- Two doses of the mRNA vaccines are effective against the Delta variant.
- The most important action beneficiaries can take right now to prevent the spread of this variant is to get vaccinated.
- Beneficiaries who have had their first dose are reminded to get their second dose.

Know your TRICARE Benefits! For TRICARE Information go to:

<https://www.healthnetfederalservices.com/>

We are in TRICARE West!



Wellness and Prevention

— AUGUST —
**PREVENTIVE
HEALTH MONTH**

MHS Military Health System
health.mil



What are you
waiting for?

Call or email the Army
Wellness Center today!

AWC
ARMY Wellness Center

**The Army Wellness Center is
offering virtual appointments!**

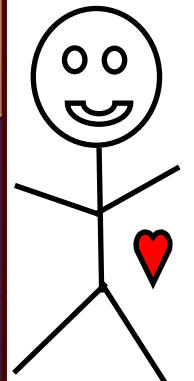
Classes:

- Meals in Minutes
- Stress Management
- Healthy Sleep
- Fueling for Health
- Basics of Strength & Conditioning

Health Coaching:

- Caloric Needs
- Training Plans
- Goal Setting
- Weight Loss
- ACFT Prep
- Performance Enhancement

To schedule, email
AWCftleavenworth@gmail.com
or call 913-306-4030



Retiring Soon?

Are you Retiring or Separating from the Military?

For Soldiers planning on filing a VA disability claim:

Initiate your claim by enrolling in e-benefits prior to separating from active duty service. The e-benefits website link:

[HTTPS://WWW.EBENEFITS.VA.GOV/EBENEFITS-PORTAL/EBENEFITS.PORTAL.](https://www.ebenefits.va.gov/ebenefits-portal/ebenefits.portal)

After enrolling in e-benefits, the VA will contact you to setup a date to complete the SHPE. You are responsible for ensuring that the SHPE occurs within 180 days before the date of separation.

The Leavenworth VAMC will conduct the Compensation and Pension Exam (VAMC C&P), which is the equivalent to a SHPE. A military retirement physical is NOT required for a VAMC C&P exam. The retiring or separating service member requires only ONE examination if they complete the VAMC C&P exam.

Notify the Readiness Center at MAHC within 30 days of separation that your VAMC C&P exam is complete and Readiness Center staff will complete the SHPE from the VAMC C&P exam without an appointment.

*For more information please call the Multiservice Specialty Clinic at 913-684-6539.

** References: refer to HQDA EXORD 162-15 Separation History and Physical Examination (SHPE) Implementation and DIRECTIVE-TYPE MEMORANDUM (DTM) 14-006, SEPARATION HISTORY AND PHYSICAL EXAMINATION (SHPE), 07 JUL 2014.

Ft. Leavenworth Veterinary Treatment Facility 5th Annual Stuffed Animal Surgery

Kids of all ages!

Is your stuffed friend in need of some TLC?

Bring them to our clinic where our dedicated staff will give them the care they need to have them feeling like new!

When: 23-25 August, bring your friend into the clinic
26-27 August, pick them up to take home
(drop off and pick up between the hours of 0730 and 1530)

All stuffed animals will go home with a medical record and certificate of health

You do not have to be a client of the VTF to participate

Constant Dedicated Care

SCHOOL PHYSICALS ARE AVAILABLE

SCHEDULE NOW!

BACK TO SCHOOL PHYSICALS & IMMUNIZATIONS

CALL 684-6250 TO MAKE APPOINTMENTS TODAY!

If you have a School Physical Appointment, you may get your immunizations the same day in our Multiservice Specialty Clinic. If we can not fit you in, you will have to make an appointment at (913) 684-6250.

Yippee!



Constant Dedicated Care

IMPORTANT INFORMATION SOLDIERS!



Bring your
Vaccine Card
To Your Unit
or to Munson!



SOLDIERS
DID YOU GET YOUR
COVID-19 VACCINE
OFF POST?

IF SO, IT IS IMPORTANT
THAT YOU BRING IN
YOUR VACCINE CARD
TO BE TRANSCRIBED
INTO MEDPROS.

YOU MAY BRING IT TO YOUR
UNIT OR TO OUR MULTI
SERVICE SPECIALTY CLINIC.
LOCATED ON THE FIRST
FLOOR OF MAHC.

Prior to calling the Call Center ,make sure the online portion of PHA, Pre-Deployment ,Post Deployment and Post deployment Re-Assessments are completed first.

Go to:

<https://www.mods.army.mil>

Use Authentication certificate.

To complete PHA:

Click on MHA/PHA on left side of page. Then click PHA in orange line. Next you will start new survey. Questions? Call 913-684-6091.

Constant Dedicated Care

LOOKING AHEAD TO SEPTEMBER



Mark your Calendar so you are not inconvenienced by our Pharmacy change in hours for Friday, September 24, 2021.

ATTENTION!! Pharmacy Closure

Munson Army Health Center Pharmacy will have a change in operating hours, Friday September 24, 2021. The Pharmacy (to include the drive-thru pick-up) will CLOSE at 3 p.m. The Pharmacy will be open until 3 p.m.

Check out the American Red Cross Blood Drive on Wednesday September 1. Sign up now!



Ft Leavenworth Blood Drive Frontier Chapel

In the Fellowship Hall
625 Thomas Avenue
Fort Leavenworth, KS 66027

Wednesday, September 1, 2021
9:30 a.m. to 1:30 p.m.

Maximize your blood donation. Help more patients. If you are an eligible type O, B - or A - donor, consider making a Power Red donation. Red blood cells are the most commonly transfused blood component.

Please call 1-800-RED CROSS (1-800-733-2767) or visit RedCrossBlood.org and enter: FortLeavenworth to schedule an appointment.



Scan to download the Blood Donor App



Scan to schedule an appointment

Share the vibe. Give blood to help save lives.

Download the Blood Donor App | RedCrossBlood.org | Call 1-800-RED CROSS

© The American National Red Cross | 339201-57 CW

Munson Army Health Center is closed to observe the Federal Holiday. Happy Labor Day! September 6, 2021



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ABOUT US

Information about Munson Army Health Center is available on the Web.

Visit our **website** at <https://www.munson.tricare.mil>.

Become a **Facebook** fan and follow our page by visiting

<https://www.facebook.com/munsonhealth/>

Munson Address

550 Pope Ave,

Fort Leavenworth , KS 66027

Information: (913) 684-6000

Call Center: (913) 684-6250

**Thank you for
choosing Munson for
your Healthcare needs!**

Mission:

Generate readiness through patient-focused care to those we serve.

Vision:

A dedicated Family caring for Family.

Munson Notes are created by the Public Affairs Officer (684-6343) at Munson Army Health Center. If you know anyone who would like to receive the monthly Munson Notes, e-mail the PAO at: usarmy.leavenworth.medcom-mahc.mbx.pao@mail.mil with the word 'subscribe' in the subject line. The Munson Notes are usually published the last or first working day of the month depending on holidays. Our events and closures are also published in the local LAMP.

Vanilla Bean Crème Frappuccino® Blended Beverage

This rich and creamy blend of vanilla bean, milk and ice topped with whipped cream takes vanilla flavor to another level.

To change things up, try it affogato-style with a hot espresso shot poured right over the top.

Say you saw this advertisement in the Munson Notes Newsletter and receive 10% off the month of August!



**The Java Café is
located on the
first floor of
Munson Army
Health Center.
The Java Café is
open from
7 a.m.-2 p.m.
Monday through
Friday.**